



UNIVERSIDADE ESTADUAL DE CAMPINAS
FACULDADE DE ODONTOLOGIA DE PIRACICABA

DAYLANA PACHECO DA SILVA

**CONCENTRAÇÃO INTRAPULPAR DE PERÓXIDO DE HIDROGÊNIO
EM DENTES RESTAURADOS COM COMPÓSITOS BIOATIVOS
CONVENCIONAL E BULK-FILL**

**INTRAPULPAL CONCENTRATION OF HYDROGEN PEROXIDE OF
TEETH RESTORED WITH CONVENTIONAL AND BULK-FILL
BIOACTIVE COMPOSITES**

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Tese apresentada à Faculdade de Odontologia de Piracicaba da Universidade Estadual de Campinas como parte dos requisitos exigidos para a obtenção do título de Doutora em Clínica Odontológica, na Área de concentração em Dentística.

Thesis presented to the Piracicaba Dental School of the University of Campinas in partial fulfillment of the requirements for the degree of Doctor in Clinical Dentistry, in the Restorative Dentistry Area.

Orientadora: Prof.^a Dr.^a Vanessa Cavalli Gobbo

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Vanessa Cavalli Gobbo [Orientador]

Flávia Lucisano Botelho do Amaral

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Valentim Adelino Ricardo Barão

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- ORCID do autor: <https://orcid.org/0000-0002-1690-6451>

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Faculdade de Odontologia de Piracicaba

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PROF^ª. DR^ª. VANESSA CAVALLI GOBBO

PROF^ª. DR^ª. FLÁVIA LUCISANO BOTELHO DO AMARAL

PROF^ª. DR^ª. FABIANA MANTOVANI GOMES FRANÇA

PROF. DR. FLAVIO HENRIQUE BAGGIO AGUIAR

PROF. DR. VALENTIM ADELINO RICARDO BARÃO

A Ata da defesa, assinada pelos membros da Comissão Examinadora, consta no SIGA/Sistema de Fluxo de Dissertação/Tese e na Secretaria do Programa da Unidade.

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RESUMO

Apesar do sucesso da técnica de clareamento dental, moléculas excedentes de peróxido de hidrogênio (PH) podem alcançar a câmara pulpar de dentes restaurados, e causar respostas inflamatórias e citotóxicas ao tecido pulpar. Portanto, o objetivo deste estudo foi avaliar a concentração intrapulpar e penetração do PH (9,5% ou 35%) na interface de dentes restaurados com compósitos bioativos, utilizando técnica convencional ou de incremento único (bulk-fill). Cavidades foram preparadas (4 mm diâmetro x 3 mm de profundidade) na superfície vestibular das coroas dos incisivos bovinos e restauradas com: compósito bioativo convencional (BII, Beautifil II), compósito bioativo bulk-fill (AC, Activa Bio-ACTIVE), ionômero de vidro modificado por resina (RMGI, Riva Light Cure), compósito convencional (FZ, Filtek Z350) e compósito bulk-fill (FB, Filtek Bulk). Os corpos de prova foram termociclados (5000 ciclos) e após 24 horas, as restaurações foram expostas ao clareamento com PH de alta (35%; n=10) ou baixa (9,5%; n=10) concentrações. O clareamento com PH 35% foi realizado em 4 sessões (4 aplicações de 8 min/sessão) e PH 9,5%, aplicado por 14 dias (30 min/dia). Na última aplicação de clareador, solução tampão de acetato foi inserida na câmara pulpar, e após o protocolo de clareamento, esta solução foi recolhida e transferida para o tubo de ensaio contendo leucocristais violeta e enzima peroxidase. A densidade óptica foi analisada por espectrofotometria e convertida em µg/mL, equivalente à concentração de PH. Os dentes foram pigmentados com solução de rodamina B, e a penetração de PH ao redor das restaurações adesivas foi observada em microscopia confocal de varredura por fluorescência a laser (MCVFL). Os dados de concentração de PH foram submetidos ao teste de ANOVA dois fatores e teste de Tukey ($\alpha = 0,05$), e as imagens de MCVFL foram submetidas à análise qualitativa. Dentes restaurados submetidos ao agente clareador de alta concentração apresentaram maior quantidade de PH na câmara pulpar. Não houve diferença significativa na concentração intrapulpar de peróxido de dentes restaurados e submetidos ao PH 9,5%. Foi observada menor difusão do peróxido em dentes restaurados com RMGI, comparados aos compósitos convencional (FZ; $p=0,004$) e bulk-fill (FB; $p=0,01$), submetidos ao PH 35%. Imagens de MCVFL mostraram que PH 35% promoveu maior degradação da rodamina B na interface de dentes restaurados. A concentração intrapulpar e a penetração de HP na interface adesiva

dos dentes restaurados com compósitos bioativos, convencional ou bulk-fill, foram maiores quando expostos ao clareamento de alta concentração (PH 35%).

Palavras-chaves: Clareamento dental. Peróxido de hidrogênio. Restauração dentária permanente.

ABSTRACT

Despite the success of the bleaching technique, excess hydrogen peroxide (HP) molecules can reach the pulp chamber of restored teeth, and cause inflammatory and cytotoxic responses to pulp tissue. Therefore, the objective of this study was to evaluate the intrapulpal concentration and PH penetration (9.5% or 35%) at the interface of teeth restored with bioactive composites, using conventional or bulk-fill technique. Cavities were prepared (4 mm diameter x 3 mm deep) on the buccal surface of the bovine incisor crowns and restored with: bioactive conventional composite (BII, Beautifil II), bioactive bulk-fill composite (Activa Bio- ACTIVE), resin modified glass-ionomer (RMGI, Riva Light Cure), conventional composite (FZ, Filtek Z350) and bulk-fill composite (FB, Filtek Bulk). Samples were thermocycled (5000 cycles) and after 24 hours, the restorations were exposed to high HP (35%; n = 10) or low (9.5%; n = 10) bleaching concentrations. Bleaching with 35% HP was performed in four sessions (4 applications of 8 min/session) and 9.5% HP was applied for 14 days (30 min/day). In the last bleaching application, the acetate buffer solution was inserted into the pulp chamber, and after the bleaching protocol, this solution was collected and transferred to test tube containing leucocrystal violet and peroxidase. The optical density was analyzed by spectrophotometry and converted to $\mu\text{g} / \text{mL}$ equivalent to HP concentration. The teeth were pigmented with rhodamine B solution, and HP penetration around adhesive restorations was observed under laser scanning confocal fluorescence microscopy (LSCFM). The HP concentration data were submitted to two-way ANOVA and Tukey's test ($\alpha = 0.05$) and the LSCFM images were qualitatively analysed. Restored teeth submitted to high-concentrated agent presented higher HP intrapulpal concentration. No significant difference in HP intrapulpal concentration was observed among groups ($p > 0.05$) when exposed to 9.5% HP. Lower diffusion of peroxide was observed for teeth restored with RMGI, compared to conventional (FZ; $p=0,004$) and bulk-fill composites (FB; $p=0,01$), submitted to HP 35%. LSCFM images showed that 35% HP promoted greater degradation of rhodamine B at the restored teeth interface. The intrapulpal concentration and penetration of HP at the adhesive interface of teeth restored with bioactive composites, conventional or bulk-fill, were higher when exposed to high concentration bleaching (35% HP).

Key words: Tooth bleaching. Hydrogen Peroxide. Permanent Dental Restoration.

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1 INTRODUÇÃO

O clareamento dental tem sido cada vez mais indicado nos planejamentos odontológicos, devido sua capacidade de remover pigmentos de origem exógena e exibir propriedades conservadoras e de baixo custo (Ubal dini et al., 2013). O excelente resultado estético proporcionado pelos géis clareadores está baseado na rápida difusão trans-dentinária e transformação do peróxido de hidrogênio (PH) em radicais livres (Mena-Serrano et al., 2015). Apesar do sucesso da técnica, moléculas excedentes de PH podem alcançar a câmara pulpar, causando respostas inflamatórias e alterações morfológicas ao tecido pulpar (Hanks et al., 1993; Gokay et al. 2000; Benetti et al., 2004; Marson et al., 2015).

A indicação do clareamento dental deve ser realizada de forma cautelosa, uma vez que estudos in vitro apontam que, o uso de altas concentrações de PH tem exibido danos pós-operatórios severos e efeitos citotóxicos à polpa (Bowles et al., 1987; Costa et al., 2010). Por outro lado, estudos clínicos observaram reações esporádicas ou insignificantes, após o tratamento com altas e baixas concentrações (Matis et al., 2000). Portanto, ainda não há consenso sobre a relação da concentração inicial do gel e a quantidade de PH presente na câmara pulpar.

A literatura mostra que além da concentração, o tempo de aplicação pode influenciar diretamente a difusão do peróxido (Ubal dini et al., 2013; Marson et al., 2015; Matis et al., 2000). Assim, diversos protocolos e composições dos géis clareadores foram investigados, a fim de evitar uma exposição desnecessária à estrutura dental (Marson et al., 2015; Costa et al., 2010; Briso et al., 2016). Nesse contexto, Marson et al. (2015) e Soares et al. (2014) observaram que a difusão do PH é dependente da concentração e do protocolo de aplicação do gel clareador.

Além disso, estudos relatam alterações na superfície do esmalte e variações nas propriedades físicas, mecânicas e estéticas dos materiais restauradores submetidos a agentes clareadores (Polydorou et al., 2007; Wang et al., 2011; White et al., 2008). Relatos anteriores mostraram que dentes restaurados submetidos ao clareamento dental, apresentaram maior quantidade de peróxido de hidrogênio na câmara pulpar do que em dentes hígidos (Cavalli et al., 2017; Benetti et al., 2004). De acordo com os autores, tal fato se deve à interface adesiva estabelecer um caminho para a microinfiltração do PH (Ubal dini et al., 2013).

Portanto, estudos têm sido conduzidos para desenvolver materiais restauradores que ofereçam uma adequada vedação marginal e boas propriedades mecânicas. Embora nenhum material restaurador bloqueie completamente a penetração do PH, sua difusão pode ser afetada pela falha adesiva promovida na interface dos compósitos convencionais (Ubdini et al., 2013; Gokay et al., 2000; Owens et al., 1998). Portanto, na tentativa de reduzir o tempo clínico e a tensão de polimerização, compósitos de incremento único ou *bulk-fill* foram desenvolvidos, permitindo incrementos de até 4 mm de espessura (Fronza et al., 2015).

Compósitos bioativos contendo partículas de carga de ionômero de vidro pré-reagido (S-PRG - Beautifil II[®], Shofu) foram criados para permitir a interação com o tecido adjacente pela liberação de flúor por um mecanismo de troca iônica no hidrogel pré-reagido (Ikemura et al., 2018). Estudos demonstraram que estes materiais oferecem propriedades biológicas satisfatórias, inibição bacteriana, biocompatibilidade e bom selamento marginal (Wiegand et al., 2007; Sadr et al., 2009; Braga et al., 2005). Assim, para tornar os materiais bioativos ainda mais aplicáveis, um novo compósito bioativo tipo bulk-fill (Activa BioACTIVE, Pulpdent[®]) foi formulado com uma matriz resinosa iônica, que além de poder ser inserido em incremento único, promove a liberação de fluoreto, cálcio e fosfato, conforme indicado pelo fabricante.

Diante disto, acreditamos que os compósitos bioativos, convencional e bulk-fill, podem apresentar maior capacidade de selamento marginal e influenciar na difusão do PH para câmara pulpar. Assim, a literatura mostra poucas evidências sobre a penetração do PH em dentes restaurados com diferentes materiais e técnicas restauradoras. Portanto, o objetivo deste estudo foi avaliar a concentração intrapulpar e penetração do PH (9,5% ou 35%) na interface de dentes restaurados com compósitos bioativos, utilizando técnica convencional incremental ou de incremento único (bulk-fill).

2 ARTIGO: Intrapulpal concentration of hydrogen peroxide of teeth restored with bulk-fill and conventional bioactive composites

Running Title: Concentration of hydrogen peroxide in the pulp chamber of restored teeth

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Authors:

Daylana Pacheco da Silva, DDS, PhD student, Department of Restorative Dentistry, Piracicaba Dental School, University of Campinas, Piracicaba, Brazil.

Bruna Almeida Resende, DDS, MS student, Department of Restorative Dentistry, Piracicaba Dental School, University of Campinas, Piracicaba, Brazil.

Matheus Kury, DDS, MS, PhD student, Department of Restorative Dentistry, Piracicaba Dental School, University of Campinas, Piracicaba, Brazil.

Carolina Bosso André, DDS, MS, PhD, Department of Restorative Dentistry, Piracicaba Dental School University of Campinas, Piracicaba, Brazil.

Cíntia Pereira Machado Tabchoury, DDS, MSc, PhD, Department of Physiological Sciences, Piracicaba Dental School, University of Campinas, Piracicaba, SP, Brazil

Marcelo Giannini, DDS, MS, PhD, Associate professor, Department of Restorative Dentistry Piracicaba Dental School, University of Campinas, Piracicaba, Brazil.

Vanessa Cavalli, DDS, MS, PhD, Associate professor, Department of Restorative Dentistry, Piracicaba Dental School, University of Campinas, Piracicaba, Brazil*.

Corresponding author: Dr. Vanessa Cavalli

Piracicaba Dental School, University of Campinas, 901 Limeira Avenue, Areão,
13414-903, Piracicaba, SP, Brazil.

+551921065338 / vcavalli@yahoo.com

SUMMARY

This study evaluated intrapulpal concentration and peroxide hydrogen (PH) penetration at the interface of teeth restored with bioactive composites, using conventional or bulk-fill technique. Cavities were prepared (4 mm diameter x 3 mm deep) on the buccal surface of the bovine incisor crowns and restored with: bioactive conventional composite (BII, Beautifil II), bioactive bulk-fill composite (AC, Activa Bio-ACTIVE), resin modified glass-ionomer (RMGI, Riva Light Cure), conventional composite (FZ, Filtek Z350) and bulk-fill composite (FB, Filtek Bulk). The samples were thermocycled (5000 cycles) and after 24 hours, the restorations were exposed to high HP (35%; n = 10) and low (9.5%; n = 10) bleaching concentrations. Bleaching with 35% HP was performed in four sessions (4 applications of 8 min/session) and 9.5% HP was applied for 14 days (30 min/day). In the last bleaching application, the acetate buffer solution was inserted into the pulp chamber, and after the bleaching protocol, this solution was collected and transferred to test tubes containing leucocrystal violet and peroxidase. The optical density was analyzed by spectrophotometry and converted to $\mu\text{g} / \text{mL}$ equivalent to the HP concentration. The teeth were pigmented with rhodamine B solution, and HP penetration around adhesive restorations was observed under laser scanning confocal fluorescence microscopy (LSCFM). The HP concentration data were submitted to two-way ANOVA and Tukey's test ($\alpha = 0.05$), and the LSCFM images were qualitatively analysed. Restored teeth submitted to high-concentrated agent presented higher HP intrapulpal concentration. No significant difference in HP intrapulpal concentration was observed among groups ($p > 0.05$) when exposed to 9.5% HP. Lower diffusion of peroxide was observed for teeth restored with RMGI, compared to conventional (FZ; $p = 0.004$) and bulk-fill composites (FB; $p = 0.01$), submitted to HP 35%. LSCFM images showed that 35% HP promoted greater degradation of rhodamine B at the restored teeth interface. The intrapulpal concentration and penetration of hydrogen HP at the adhesive interface of teeth restored with bioactive composites, conventional or bulk-fill, were higher when exposed to high concentration bleaching (35% HP).

Clinical Relevance: The concentration of the bleaching agent and the type of restorative material can influence the concentration of hydrogen peroxide into the pulp chamber.

INTRODUCTION

The excellent aesthetic results provided by the bleaching agents are based on the trans-dentin diffusion and decomposition of hydrogen peroxide (HP) into free radicals¹. The interaction of bleaching agents occurs mainly in dentin, due to the absence of organic chromophores in the enamel structure¹. Thus, the excess of HP molecules potentially reaches the pulp chamber, causing inflammatory responses, morphological changes to pulp tissue and postoperative sensitivity^{2,3,4,5}.

Tooth bleaching should be performed with caution, as the use of high concentrations of HP has shown to promote severe post-operative damage and cytotoxic effects^{6,7,8}. However, studies indicate that even at low concentrations, bleaching agents could reduce pulp cell viability^{9,10}. On the other hand, clinical studies have observed sporadic or insignificant reactions after treatment with high and low concentrations of hydrogen peroxide^{11,12}.

Clinically, pulp damage manifests as dental sensitivity, often leading the patient to cease bleaching¹³. Studies report that, in addition to the concentration, the time of application directly influences the diffusion of the peroxide^{3,4,5,14}. Thus, different protocols and concentrations of HP have been investigated in order to avoid unnecessary exposure to the dental structure and to decrease the intra-pulp concentration of hydrogen peroxide.^{4,15} In this context, Marson et al. (2015) have observed that HP diffusion is dependent on the concentration and bleaching gel application protocol.

Literature shows that restored teeth submitted to tooth whitening present greater amount of HP in the pulp chamber than sound, non-restored teeth. This occurs because the restorative interface becomes a path for peroxide microleakage¹⁶. Therefore, studies have been conducted to develop restorative materials that promote both adequate marginal sealing and mechanical properties. Although no restorative material completely blocks HP penetration, the diffusion of HP can be affected by polymerization shrinkage and the stress of polymerization promoted at the adhesive interface of conventional composites^{17,3}. Therefore, in an attempt to obtain greater marginal integrity, reduce clinical time and polymerization stress, bulk-fill composites were developed, allowing increments up to 4 mm thick.

Bioactive composites containing pre-reacted glass ionomer (S-PRG - Beautifil II®, Shofu) charge particles were created to allow interaction with the adjacent tissue

by the release of fluoride by an ion exchange mechanism in the pre-reacted hydrogel¹⁸. Studies have shown that the S-PRG-containing bioactive materials offer satisfactory biological properties, bacterial inhibition, biocompatibility and good marginal sealing^{19,20}. To make bioactive materials even more applicable, a new bulk-fill composite (Activa BioACTIVE, Pulpdent®) was formulated with an ionic resin matrix, which allowed the release of not only fluoride but also the release of calcium and phosphate.

Given this, we believe that bioactive composites, conventional or bulk-fill, may present greater marginal sealing ability and influence the diffusion of the PH to the pulp chamber. Considering that these materials are used in posterior teeth (premolars with involvement of the buccal surface), and may be subjected to dental bleaching, the diffusion and concentration of HP into the pulp chamber must be evaluated. Therefore, this work evaluated diffusion and concentration of HP into the pulp chamber of teeth restored with conventional bioactive composites (S-PRG-based material - Beautifil II), or bulk-fill bioactive composite (Activa BioACTIVE). The null hypotheses tested were: (1) the concentration of the bleaching agent would not influence the intrapulpal concentration of HP of restored teeth; (2) The type of restorative material (conventional or bulk-fill bioactive composites) would not influence the intrapulpal concentration of HP.

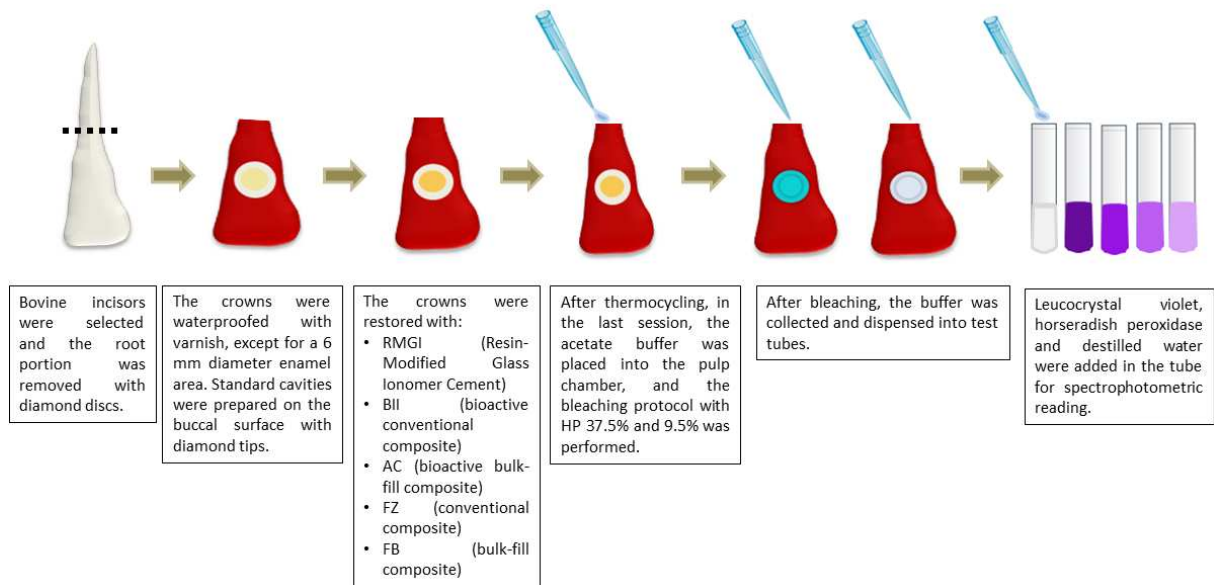
METHODS AND MATERIALS

Sample Preparation

Table 01. Experimental design of the study.

Experimental Units	Crowns of bovine incisors (n = 10).	
Factors under study	Bleaching Gels	35%HP (Pola Office, SDI, Austrália); 9,5% HP (Pola Day, SDI, Austrália).
	Restorative Materials	1. Bioactive Composites (Beautifill II, Shofu, Kyoto, Japão); 2. Bulk-fill Bioactive Composite (Activa BioActive Restorative, Pulpdent Corporation, MA, EUA); 3. Conventional Composite (Filtek Z350 XT, 3M Oral Care, St. Paul, MN, EUA); 4. Bulk-fill Composite (Filtek Bulk-fill, 3M Oral Care); 5. Resin-modified Glass Ionomer Cement (Riva Light Cure, SDI).
Variable response	- Intrapulp concentration of bleaching agents (μg / ML) applied to adhesive restorations; - Adhesive interface of restorations submitted to bleaching agents, observed in confocal microscopy of fluorescence by laser scanning.	

Figure 1. Description of the samples to measure the concentration of hydrogen peroxide in the pulp chamber.



Bovine incisors were collected, cleaned and stored in a 0.1% thymol solution at 4°C for 30 days. All crowns were examined under a stereomicroscope in order to discard teeth with surface defects. One hundred crowns with standard dimensions (4.0 ± 0.1 mm) of the buccal surface (enamel and dentin) were selected. After cleaning, teeth were stored in a 0.1% thymol solution at 4 ° C for 30 days. The roots were cut with diamond discs (KG Sorensen, Barueri, Brazil) up to 2 mm below the cemento-enamel junction. The pulp tissue was removed using files (Hedstrom files, Maillefer Dentsply, Ballaigues, Switzerland), and the pulp chamber was thoroughly rinsed with distilled water. The cervical pulp orifice was enlarged with spherical diamond tip bur (#1016, KG Sorensen), allowing the acetate buffer to be placed in the pulp chamber¹⁶.

Cavities (4 mm diameter x 3mm depth) were prepared in the buccal surface of the specimens with diamond burs (n°. 3053 and n°. 3017, KG Sorensen). The application of the adhesive system and restorative materials followed the manufacturers' instructions (Table 2). The adhesive was previously applied only in cavities restored with the composite resins and light cured for 20 s with a LED device (1200 mW / cm², Valo, Ultradent Products Inc., South Jordan, USA). For resin-modified glass ionomer restorations, Riva Conditioner was applied, followed by manipulation, insertion of the cement and light cured for 20 s. The finishing and

polishing of the restorations were performed with extra-thin tips (3118 FF, KG Sorensen), sandpaper discs (Sof-Lex, 3M Oral Care) and each granulation was used for 15 s (medium, fine and superfine).

Table 1. Composition and manufacturer's instructions of the restorative material.

Materials (Abbreviation)	Commercial Names and Manufacturer	Composition	Manufacturer's instructions
Dental Adhesive (SBU)	Single Bond Universal (3M Oral Care, St. Paul, MN, USA)	10-MDP, phosphate monomer, dimetacrylate resins, HEMA, Vitrebond copolymer, filler, ethanol, waterwater, initiators, silane.	1) Selective acid etching of enamel for 15 seconds. 2) Apply adhesive with a microbrush to the surface (20 s), followed by a gentle air-spray for 5 s and light cure for 10 s.
Conventional Bioactive Composite (BII)	Beautifil II (Shofu, Kyoto, Japão)	Bisphenol-A glycidyl methacrylate (Bis-GMA), triethylene glycol dimethacrylate (TEGDMA), particles pre-reacted glass ionomer (S-PRG).	Apply composite in increments of 2 mm and light cure (20 s).
Conventional Composite (FZ)	Filtek Z350 XT (3M Oral Care)	Bis-GMA, Bis-EMA, UDMA, TEGDMA. Nanoparticles of non- agglomerated silica, zirconia/silica nano- agglomerates, free- bound agglomerates.	Apply composite in increments of 2 mm and light cure (20 s).
Bulk-fill Bioactive Composites (AC)	Activa BioACTIVE (Pulpdent, MA, USA)	Mixture of diurethane and other methacrylates with modified polyacrylic acid (44.6%) Amorphosine (6.7%) Sodium fluoride (0.75%).	Apply composite in increments of 4 mm and light cure (20 s).
Bulk-fill Composite (FB)	Filtek Bulk Fill Posterior (3M Oral Care)	AUDMA, UDMA, 1,12- dodecane-DMA.	Apply composite in increments of 4 mm and light cure (20 s).
Resin-modified glass ionomer (RMGI)	Riva Light Cure (SDI Limited, Victoria, Australia)	Powder: Fluoroaluminosilicate glass. Liquid: Polycyclic acid, tartaric acid, polyacrylic	Enamel ecthing for 10 s, followed by abundant rinsing and air-drying; Apply the material

acid. and light-cure for 10 s.

Bis-GMA-bisphenol A-glycidyl methacrylate; HEMA-2-hydroxyethyl methacrylate; TEGDMA -triethylene glycol dimethacrylate; UDMA - urethane dimethacrylate; BisEMA-ethoxylate bisphenol-A-glycol dimethacrylate.

Thermal Cycling and Bleaching Procedure

In order to age the adhesive interface, the specimens were submitted to 5.000 thermal cycles ^{16,21} (MCT2 – AMM, São Paulo, SP, Brazil) in deionized water baths at 5° to 55°C ± 1°C, corresponding to 6 months of aging. Twenty-four hours after thermal cycling, specimens received two layers of enamel polish (Revlon Inc., New York, NY, USA), covering all exposed enamel except 1 mm around the restorations.

After 24 h of thermal cycling, the restored specimens were submitted to high (35% hydrogen peroxide) or low-concentrated (9.5% hydrogen peroxide) bleaching agents. Therefore, each restorative material would be exposed to high or low-bleaching therapy (n = 10). The composition and application protocols of bleaching agents are described in table 2. Among bleaching applications, teeth were stored at 37°C and immersed in artificial saliva (20 mM Tris buffer, pH 7.0, 1.5 mM Ca, 0.9 mM P, 150 mM KCl, 0.05 µg F / mL)²².

Table 2: Bleaching agents composition and manufacturer's instructions.

Bleaching Agents	Commercial Name (Manufacturer, Address)	Specification/Composition	Manufacturer's Instruction
35% Hydrogen Peroxide	Pola Office* (SDI Limited, Victoria, Australia)	Liquid: 35% Hydrogen peroxide, 65% Water. Powder: 73.26% Thickeners, 26.2% Catalysts, 0.04% Dye, 0.5% Desensitizing agents (Potassium Nitrate). **pH=3,7	Indicated for in-office bleaching therapy, in 4 sessions. Apply a mixture to the enamel for 8 minutes, 4 times.
9.5% Hydrogen Peroxide	Poladay* (SDI Limited)	Bleaching gel: Hydrogen peroxide (9.5%). Activator: Additives (47%), Glycerol (30%), Water (20%), Flavorings (0.1%). **pH=5,7	Indicated for at-home bleaching therapy, for 14 days. Apply the whitening gel to the tray 1 time for 30 minutes.

* According to manufacturer's directions, SDI, Australia.

** Preliminary pH results obtained by the authors

Concentration of Hydrogen Peroxide Into the Pulp Chamber

High concentration bleaching (35% HP) was conducted in 4 sessions with intervals of 7 days, and in each session 4 applications of 8 min were performed. The low-concentrated agents (9.5% HP) were applied for 14 days and 30 min/day. In the last bleaching application, the pulp chamber was dried and 150 μ L of acetate buffer solution 2M (pH 4.5) was placed into the coronary chamber in order to stabilize the HP that penetrates into the pulp throughout bleaching. Subsequently, 0.01 g of the high-concentrated bleaching agent was applied on the buccal surface for 8 min in four consecutive applications. The low-concentrated agent (0,01 g) remained in contact with the enamel surface for 30 min.

After the bleaching procedure, the solution was removed and transferred to a glass test tube. The pulp chamber of each tooth was filled for a second time with 150 μ L of the acetate buffer for 1 min, and this solution was placed in the same glass tube. In addition, deionized water (2650 μ L), leuco crystal violet (100 μ L of 0.5 mg / mL, Sigma-Aldrich, St. Louis, MO, USA), and horseradish peroxidase (50 μ L of 1 mg / mL; Sigma-Aldrich) were added to each tube²³. These procedures are illustrated in Figure 1.

As a result, a blue solution was obtained, allowing the optical density measurement in a spectrophotometer (DU 800, Beckman Coulter Inc, Brea, CA, USA) at wavelength of 596 nm. For this purpose, a standard curve with known HP concentrations were used to convert the optical density values into microgram (μ g) of HP/mL of solution. The values were then converted into micrograms per milliliter (Figure 1).

Laser Scanning Confocal Fluorescence Microscopy (LSCFM)

To observe the HP diffusion at the adhesive interface, additional specimens of each group (n=3) were prepared and submitted to either high or low concentrations bleaching protocols. The crowns were fully immersed in Rhodamine B solution (Aldrich Chem. Co) for 7 days at a concentration of 0.1 mM in 30 ml. Subsequently,

the in-office or at-home bleaching protocols were performed, with the exception of the control group, which remained not bleached. The center of the restorations were cross-sectionally cut with diamond disc (Isomet 1000, Buehler, Lake Bluff, IL, USA).

The inner face was polished (EcoMet 3000, Buehler, Lake Bluff, Illinois, USA) with abrasive papers (n° 400, 600 and 1200 granulations) and specimens were immersed in vegetable oil and immersed in ultrasonic chamber for 15 min for the complete removal of the polishing residues. The interface was analyzed by an argon laser scanning microscope (TCS SP5AOBS, Leica Microsystems CMS GmbH, Germany) with a wavelength of 543 μm , with the 20x objective, in scan mode over the entire length of the sample.

Statistical Analyses

Statistical calculations were conducted by the SPSS 23 program (SPSS Inc., Chicago, IL, USA). Data were transformed in Log10, and submitted to Shapiro-Wilk and Levene tests exploratory analysis to determine normal distribution, responding to the parametric and homoscedasticity assumptions. The results were analyzed to two-way ANOVA and Tukey's test, with significance level of 5%.

RESULT

Table 3 indicates the concentration of HP (μg / mL) in the pulp chamber of teeth restored with the different materials. The interaction between factors "concentration" and "restorative materials" ($p = 0.046$) significantly influenced the results of intrapulpal peroxide concentration, according to the two-way ANOVA and Tukey test.

The HP intrapulpal concentration was significantly higher when the high-concentrated bleaching gel was applied, regardless the restorative material used ($p < 0.05$). No significant difference was detected among groups ($p > 0.05$) when exposed to the low-concentrated bleaching (9.5% HP). When submitted to the high-concentrated agent (35% HP), no statistical difference ($p > 0.05$) was observed between the bioactive composites (BII and AC), and the other materials. However, the RMGI promoted lower HP intrapulpal concentration than the conventional (FZ; $p = 0.004$) and bulk-fill composites (FB; $p = 0.01$).

Table 3. Mean (standard deviation) of hydrogen peroxide concentration (HP) in the pulp chamber ($\mu\text{g/mL}$) of restored teeth, submitted to low- and high-concentrated bleaching agents.

Restorative Materials	9.5% HP	35% HP
Resin-modified glass ionomer (Riva Light Cure)	0.09 (0.06) Ba	0.27 (0.13) Ab
Bulk-fill Composite (Filtek Bulk-fill)	0.09 (0.03) Ba	0.51 (0.38) Aa
Conventional Composite (Filtek Z350 XT)	0.07 (0.04) Ba	0.62 (0.55) Aa
Bulk-fill Bioactive Composites (Activa BioACTIVE)	0.09 (0.04) Ba	0.42 (0.29) Aab
Conventional Bioactive Composite (Beautifil II)	0.07 (0.02) Ba	0.43 (0.26) Aab

Means followed by distinct letters differ statistically at 5%, according to two-way Analysis of Variance and Tukey test. Uppercase letters compare bleaching agents (lines) and lowercases letters compare restorative materials (columns).

Representative images of LSCFM of each group (without bleaching, high and low concentration of HP) exhibited degradation of dye by HP, indicating the diffusion ability of the bleaching agents. High-concentrated bleaching agents (Fig. 2B) promoted greater degradation of rhodamine B at the restorative interface and enamel than the low-concentrated agents (Fig. 1C) and the control group (without bleaching) (Fig. 1A). No differences were observed between teeth restored with different composites, exposed to high- or low- concentrated bleaching agents.

In addition, darkened areas present in dentin (Fig. 2B) and enamel prisms (Fig. 2C) were noted. These areas could indicate incomplete degradation of HP, since only one part of HP reaches the pulp chamber.

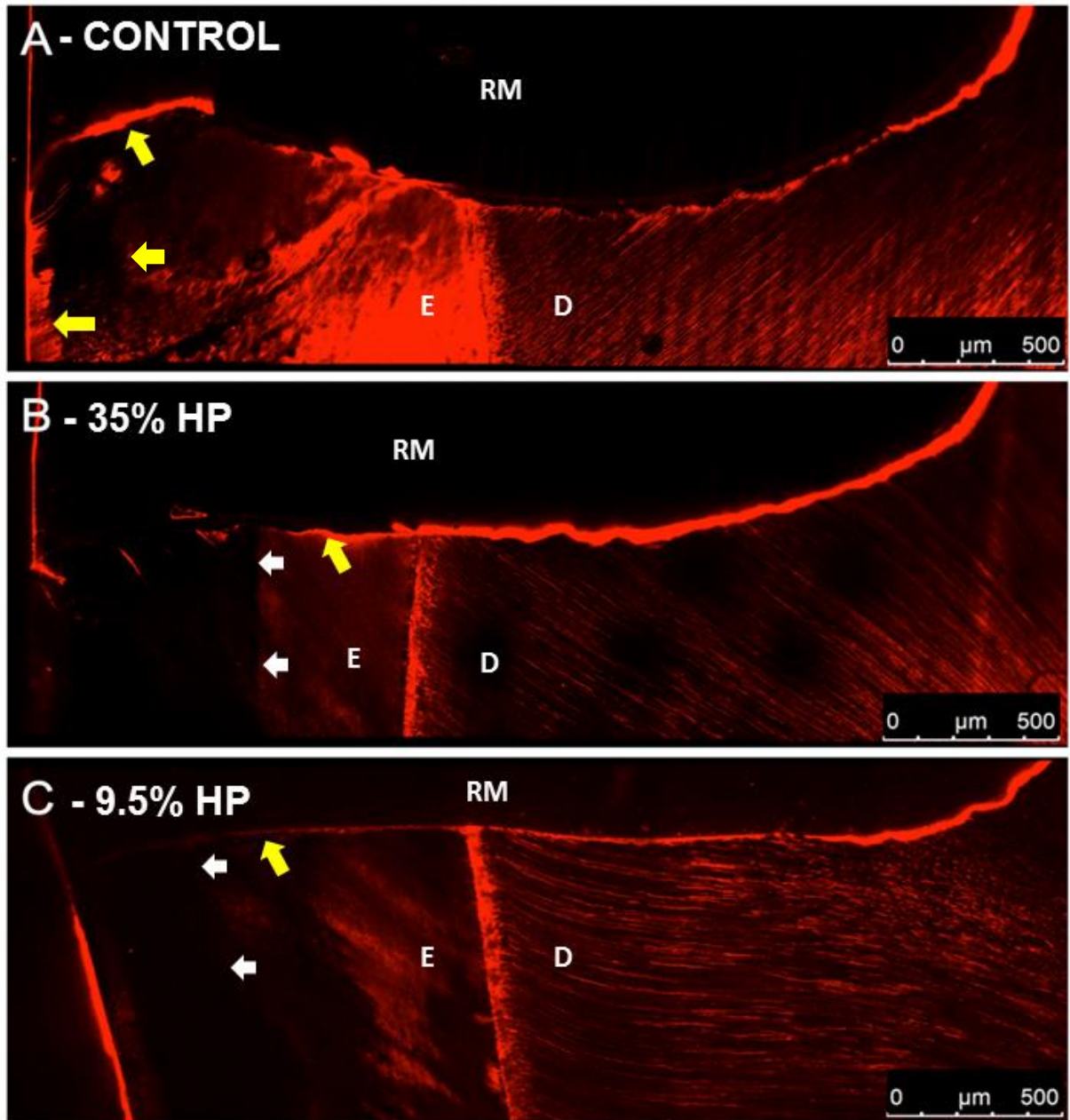


Figure 2. Laser scanning confocal fluorescence microscopy of penetration of hydrogen peroxide at the interface of restored teeth. (A): Control group (enamel restored unbleached) exhibits infiltration of rhodamine B dye (red) at the adhesive interface and enamel. (B): Bleaching with 35% HP shows decomposition of rhodamine B dye at the adhesive interface and enamel (white arrows) indicating dye degradation by the peroxide and the black spaces, as the result of this interaction. In addition, dentin shows black round spaces where decomposition of dye by HP could have occurred. (C): Bleaching with 9.5% HP shows penetration of HP and decomposition of rhodamine B dye at the adhesive interface and enamel and scattered areas with black lines indicating rhodamine decomposition. (RM:

Restorative Material; E: Enamel; D: Dentin; Yellow arrows: Infiltration of rhodamine B dye; White arrows: absence of rhodamine B, indicating the degradation and diffusion of hydrogen peroxide).

DISCUSSION

This study showed that high concentrations of bleaching agents influenced the amount of HP in the pulp chamber. Therefore, the first hypothesis was rejected. The results suggested that intrapulpal concentration of peroxide was proportional to the concentration of the bleaching agent, as observed previously^{3,14,24}. In fact, the LSCFM images demonstrated greater removal of rhodamine B by the high-concentrated bleaching agent (35% HP), both in enamel and in the adhesive interface, which possibly displays the paths of HP penetration.

According to Kwon et al. (2012)²⁵, the immersion of the specimens in rhodamine B for 7 days allowed adequate enamel, dentin and amelodentinal junction staining. Therefore, the removed “black” area possibly displays the paths of HP penetration. Although the spectrophotometer analysis showed the presence of HP in the pulp chamber, the images indicated degradation of rhodamine concentrated in enamel, although signs of degradation could be observed in dentin. This could be a limitation of this methodology, since bleaching agent was not able to degrade the whole pigment in dentin, but HP was able to reach the pulp chamber.

Penetration of bleaching agents in the pulp chamber can be modulated according to peroxide concentration^{3,6,13,23}, composition and pH of bleaching gels²⁶, presence of restorations²⁴, enamel thickness or quality²⁷. Soares et al. (2014)¹⁴ and Cintra et al. (2016)²⁸ emphasized that both the concentration and the time of application are able to influence the diffusion of HP. These same results were observed by Marson et al. (2015)⁵ and Camargo et al. (2007)²⁹, showing that the longer the contact of the bleaching agent with enamel, the greater was the penetration into dental tissues.

Regarding pH, the literature reports that an alkaline bleaching gel increases the dissociation of HP in free radicals, reducing the risk of penetration of peroxide molecules into the pulp tissues³⁰. Previous studies indicated that the contact time of the bleaching agent with an acidic pH with the substrate, may result in changes in

enamel microhardness, roughness, sensitivity and wear^{30,31}. The pH of the bleaching agents used in the current study exhibit acid values for both concentrations (35% HP = 3.7 and 9.5% HP = 5.7). Therefore, these values may increase the intrapulpal concentrations of HP.

The rheological properties of the peroxide influences its behavior. Kwon et al. (2018)³² suggested that bleaching agents with higher viscosity promoted lower concentration of peroxide in the pulp chamber than low and medium viscosity gels. The greater viscosity exhibited by the low-concentrated agent (9.5% HP) could have contributed to the more favorable results for this agent. Therefore, the concentration of HP in the agents may not be the only reason for the higher intrapulpal concentration.

Another factor that seems to influence the diffusion of HP is the presence of desensitizing agents in the composition of bleaching gels. In this study, the high-concentrated gel (Pola Office[®]) presents potassium nitrate, which is able to reduce the risk and intensity of postoperative sensitivity³³. Thus, we believe that this gel can promote lower diffusion of the HP, when compared to other high-concentrated bleaching gels. However, there are no reports in literature about the intrapulpal concentration of HP in restored teeth exposed to bleaching agents with different desensitizers.

In this study, the type of restorative material directly influenced the intrapulpal HP concentration, since the RMGI showed lower penetration than the FB and FZ composites, when exposed to the high-concentrated agent. Based on this fact, the second null hypothesis was rejected. Several studies investigated the penetration of bleaching agents into the interface of restored teeth^{17,3,24,34}. Gokay et al. (2000)³ and Benetti et al. (2004)²⁴ compared the penetration of 30% HP and 10% or 35% CP in sound and restored enamel. The authors suggested that the presence of restorations and the use of high-concentrated bleaching agents allow the diffusion and greater amount of peroxide in the pulp chamber. Although no restorative material has been able to completely prevent the penetration of HP, the final concentration can be affected by the type, shape, and volume of the material, that influence the polymerization stress of the material²⁴. Previous studies by Klein et al. (2018)³⁵ and Piemjai et al. (2018)³⁶ showed the presence of marginal microleakage in enamel restored with composite resin exposed to bleaching agents of different

concentrations, which may favor the diffusion of the agent into the pulp. However, the literature still shows controversial results³⁷.

In our study, restored teeth with RMGI submitted to 35% of HP promoted a lower concentration of HP intrapulpal when compared with non-bioactive materials (FB and FZ). This fact can be explained by the interaction of the metal ions present in the RMGI (Al^{3+} , SiO_3^{2-} , Ca^{2+}) with HP, resulting in the formation of oxides and hydroxyl radicals (OH^-), and peroxide degradation³⁸. In addition, previous studies have shown that this material (Riva Self Cure®), in particular, presents good physical and mechanical properties due to the arrangement of its particles inside the matrix, promoting a good marginal integrity and lower risk of peroxide diffusion at the interface³⁹. Although bioactive composites also exhibit release of metal ions (Ca^{2+} , BO_3^{3-} , Sr^{2+} , Si_3^{2-} , Na^+ , B^{3-}), these are trapped in charge particles, and possibly their release mechanism is impaired. Thus, this is the reason why there is no statistical difference between bioactive and non-bioactive composites.

In addition it should be kept in mind that HP is able to alter the physical, mechanical and aesthetic properties of restorative materials. Therefore, the contact of HP may influence the surface roughness and porosity of the composites¹⁵, cracks formation, microhardness reduction¹⁵ and interface integrity⁴⁰. Kimyai et al. (2017)⁴⁰ evaluated the effect of high and low concentration of bleaching agents on the properties of S-PRG (BII)-based bioactive composites and observed an undesirable effect on microhardness and marginal sealing of this material. On the other hand, Garoushi et al. (2018)⁴¹ observed stable mechanical properties of BII, and attributed the results to the presence of greater amount of different types of fillers, including (besides S-PRG fillers) large pre-polymerized fillers. According to these authors, the presence of an ionic resin matrix and bioactive fillers offer physical-chemical properties similar to human teeth.

In the present study, the restorations were thermocycled prior to the application of HP in order to age interface and simulate a restoration in function. Due to the temperature variation throughout the 5,000 cycles, differences in the coefficient of thermal expansion (CTE) of the materials may result in marginal misadaptation and microleakage⁴². Therefore, the use of materials with a CTE close to the dental structure could potentially reduce the HP penetration. In this context, Sidhu et al. (2004)⁴³ observed that RMGI showed low dimensional changes due to a compensatory effect. At high temperatures, there is a thermal contraction due to

dehydration, however, in the cooling, there is an expansion and rehydration of the material. In composite resins, the authors showed significant thermal expansions only in heating⁴³. These results can be influenced by the amount of inorganic particles, matrix composition and degree of polymerization⁴². Therefore, possibly the RMGI provided lower stress at the interface and, consequently, lower penetration of HP compared to other materials.

A self-etching multimode adhesive system (Single Bond Universal - SBU) was used in combination with all the resin composites, with the objective of not influencing the material behavior. Studies have shown that SU provides adequate bond strength results due to the chemical interaction between the 10-MDP monomer and the dental substrate⁴⁴. Possibly, the formed adhesive layer prevents the peroxide from reach the pulp chamber, especially when exposed to the low concentration gels.

The results of this in vitro study must be carefully examined and concluded⁴⁵, since in clinical situations there are various physiological conditions affecting the HP intrapulpal concentration such as, intrapulpal pressure of the dentinal fluid, the presence of peroxidase and catalase enzymes, cytoplasmic extensions of odontoblasts and other intratubular components^{8,46}. Still, within the limitations of this in vitro study, we recommend the use of low-concentrated agents for bleaching purposes in order to prevent high HP-intrapulpal concentrations. Yet, although restored teeth with resin-modified glass ionomer cement presented satisfactory results, its clinical applicability is still restricted. Therefore, bulk-fill or conventional bioactive composites could be the esthetic adhesive material of choice.

CONCLUSION

The intrapulpal concentration and penetration of hydrogen peroxide at the adhesive interface of teeth restored with bioactive composites, conventional or bulk-fill, were higher when exposed to high concentration bleaching (35% HP).

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CONFLICT OF INTEREST

The authors report that they have no financial, professional nor other interest of any nature on the divulgation of the data herein present.

3 CONCLUSÃO

De acordo com os resultados obtidos no estudo in vitro, foi possível concluir que:

- A concentração intrapulpar e a penetração de HP na interface adesiva dos dentes restaurados com compósitos bioativos, convencional ou bulk-fill, foram maiores quando expostos ao clareamento de alta concentração (PH 35%).

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APENDICE 1 – Delineamento Experimental e metodologia ilustrada

DELINEAMENTO EXPERIMENTAL:

Tabela 01. Delineamento experimental do estudo.

Unidades experimentais	Coroas de incisivos bovinos (n=10)	
Fatores em estudo	Géis clareadores	PH 35% (Pola Office, SDI, Austrália) PH 9,5% (Pola Day, SDI, Austrália)
	Materiais Restauradores	6. Compósito bioativo convencional (Beautifill II, Shofu, Kyoto, Japão) 7. Compósito bioativo bulk-fill (Activa BioActive Restorative, Pulpdent Corporation, MA, EUA) 8. Compósito convencional (Filtek Z350 XT, 3M Oral Care, St. Paul, MN, EUA) 9. Compósito bulk-fill (Filtek Bulk-fill, 3M Oral Care) 10. Cimento de ionômero de vidro modificado por resina (Riva Light Cure, SDI).
Variável resposta	- Concentração intrapulpar de agentes clareadores ($\mu\text{g}/\text{ML}$) aplicado às restaurações adesivas - Morfologia da interface adesiva das restaurações adesivas submetidas aos agentes clareadores, observado em microscopia confocal de fluorescência por varredura a laser.	

METODOLOGIA ILUSTRADA

Preparo das amostras

Incisivos bovinos foram coletados, limpos e armazenados em solução de timol 0,1% a 30°C por 30 dias. Cem coroas foram selecionadas com dimensões padronizadas ($4,0 \pm 0,1$ mm) da superfície vestibular (esmalte e dentina). As raízes foram cortadas com discos diamantados (KG Sorensen, Barueri, Brasil) até 2 mm abaixo da junção cimento-esmalte. O tecido pulpar foi removido utilizando limas (Hedstrom, Maillefer Dentsply, Ballaigues, Suíça), e a câmara pulpar lavada com água destilada. O orifício cervical foi ampliado com ponta diamantada esférica (nº 1016, KG Sorensen), permitindo que o tampão acetato fosse colocado na câmara pulpar.

Cavidades (4 mm de diâmetro x 3 mm de profundidade) foram preparadas na superfície vestibular das amostras com pontas diamantadas (nº 3053 e nº 3017, KG Sorensen). A aplicação do sistema adesivo e materiais restauradores seguiram as instruções do fabricante. O adesivo foi aplicado somente nas cavidades que foram restauradas com resinas compostas, seguida da fotopolimerização por 20 s com o dispositivo de LED (1200 mW / cm², Valo, Ultradent Products Inc., Sul da Jordânia, EUA) (Figura 01).

Os compósitos bulk-fill (Activa Bio-Active e Filtek bulk-fill) foram inseridos nas cavidades em incrementos únicos, enquanto os convencionais (Beautifil II e Filtek Z350), com incrementos de 2 mm (Figure 02). Para restaurações de ionômero de vidro modificadas por resina, o Riva Conditioner foi aplicado, seguido de manipulação e inserção do cimento (Figure 03). O acabamento e polimento das restaurações foram realizados com pontas extra-finas (3118 FF, KG Sorensen) e discos de lixa (Sof-Lex, 3M Oral Care), cada granulação foi utilizada por 15 s (média, fina e superfina).

Figura 01. Preparo das amostras.

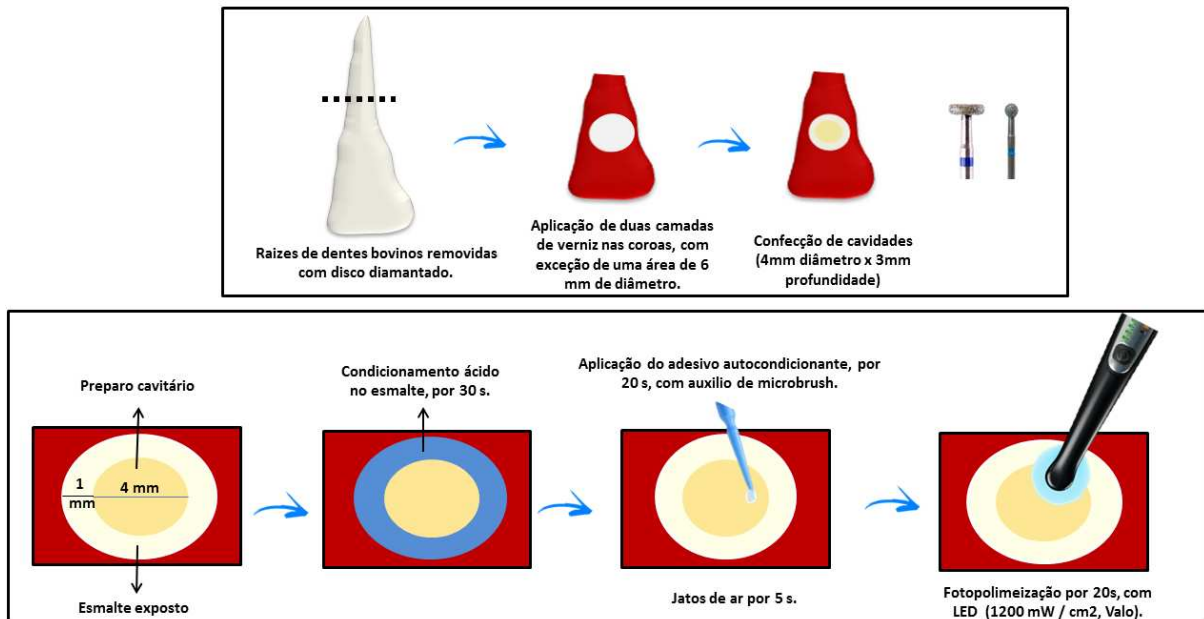


Figura 02. Restauração dos preparos cavitários com materiais restauradores convencionais.



Figura 03. Restauração dos preparos cavitários com materiais restauradores bulk-fill.



Figura 04. Restauração dos preparos cavitários com Cimento de Ionômero de Vidro Modificado por Resina.

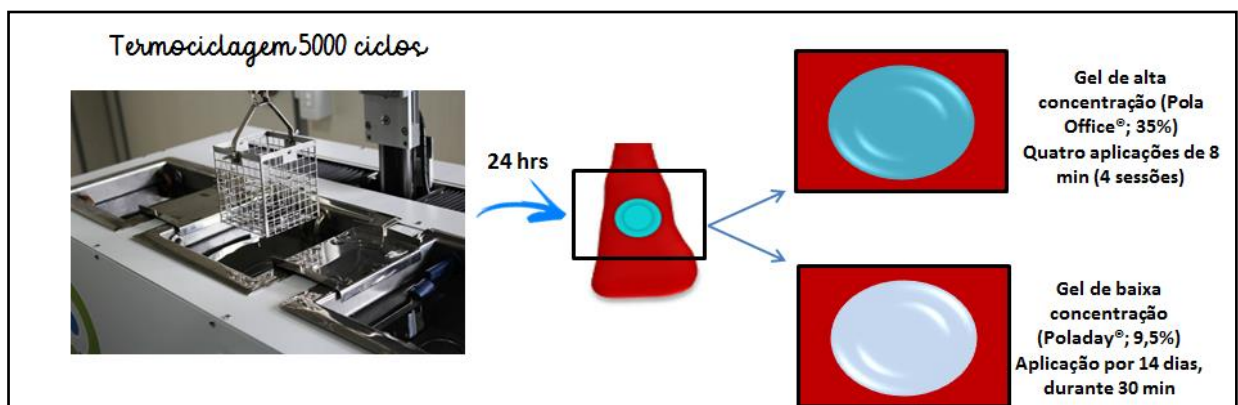


Ciclagem Térmica e Clareamento das amostras

Para o envelhecimento da interface adesiva, os espécimes foram submetidos a 5.000 ciclos térmicos (MCT2 - AMM, São Paulo, SP, Brasil) em banhos de água desionizada a 5° a $55^{\circ} \text{C} \pm 1^{\circ} \text{C}$, correspondendo a 6 meses de envelhecimento.

Após 24 h de ciclos térmicos, os espécimes restaurados foram submetidos aos agentes clareadores de alta (37,5% de peróxido de hidrogênio) ou de baixa concentração (peróxido de hidrogênio a 9,5%). Portanto, cada material restaurador foi exposto ao clareamento de alta ou baixa concentração ($n = 10$). Entre as aplicações, os dentes foram armazenados a 37°C , imersos em saliva artificial (tampão Tris 20 mM, pH 7,0, Ca 1,5 mM, P 0,9 mM, KCl 150 mM, $0,05 \mu\text{g F / mL}$) (Figura 05).

Figura 05. Ciclagem térmica e protocolo do clareamento de alta e baixa concentração.



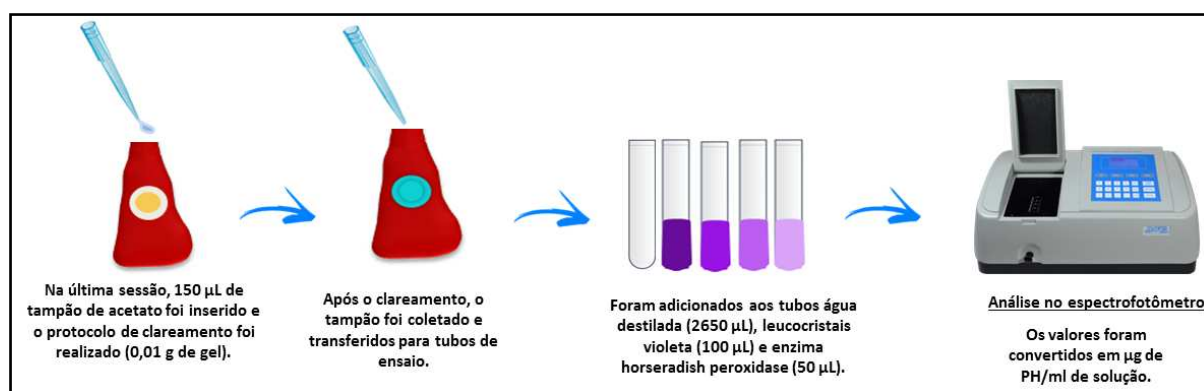
Concentração Intrapulpar do Peróxido de Hidrogênio

O clareamento de alta concentração (35% HP) foi realizado em 4 sessões de 8 min cada, com intervalos de 7 dias entre as sessões. Os agentes de baixa concentração (9,5% HP) foram aplicados por 14 dias e 30 minutos/dia. Na última sessão do clareamento, a câmara pulpar foi seca e 150 μ L de solução tampão acetato 2M (pH 4,5) foram colocados dentro da câmara coronária. Posteriormente, 0,01 g do agente clareador de alta concentração foram aplicados na superfície vestibular por 8 min e quatro aplicações consecutivas. O agente de baixa concentração (0,01 g) permaneceu em contato com a superfície do esmalte por 30 min (Figura 6).

Após o procedimento de clareamento, a solução foi removida e transferida para um tubo de ensaio, e em seguida, adicionados água deionizada (2650 μ L), leucocristal violeta (100 μ L de 0,5 mg/mL, Sigma-Aldrich, St. Louis, MO, EUA) e enzima peroxidase (50 μ L de 1 mg/mL; Sigma-Aldrich) (Figura 06).

Como resultado, uma solução azul foi obtida, permitindo a medição da densidade óptica em um espectrofotômetro (DU 800, Beckman Coulter Inc., Brea, CA, EUA) no comprimento de onda de 596 nm. Para este propósito, uma curva padrão com concentrações conhecidas de HP foi usada para converter os valores de densidade óptica em microgramas (μ g) de HP/mL de solução. Os valores foram então convertidos em microgramas por mililitro (Figura 06).

Figura 06. Análise intra-pulpar da concentração do Peróxido de Hidrogênio.

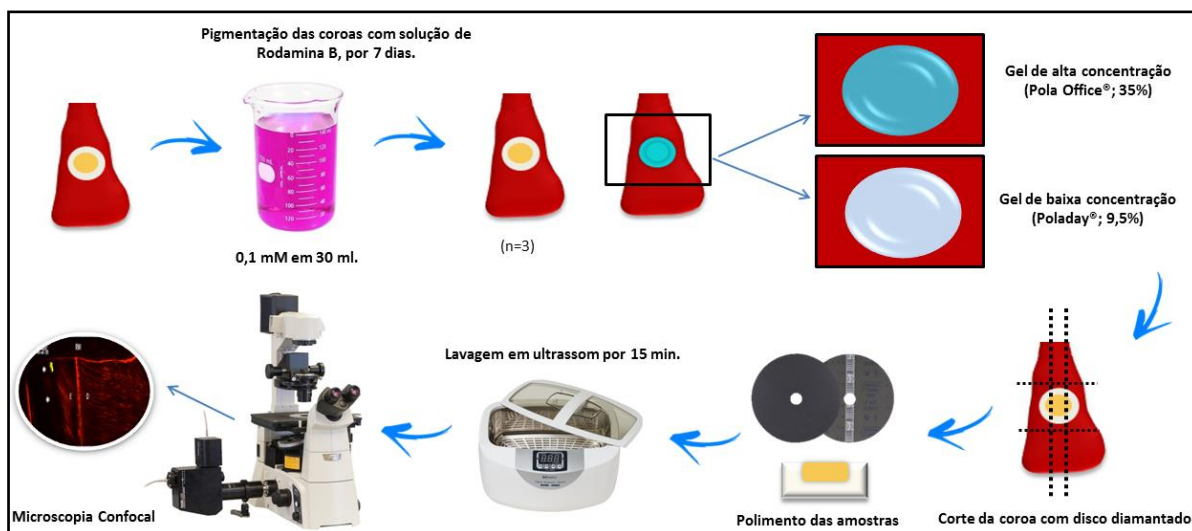


Microscopia Confocal de Varredura por Fluorescência a Laser (MCVFL)

Para observar a difusão do HP na interface adesiva, amostras adicionais de cada grupo ($n = 3$) foram preparadas e submetidas a protocolos de clareamento de alta ou baixa concentração. As coroas foram totalmente imersas em 30 ml de solução de 0,1 mM de Rodamina B (Aldrich Chem. Co) durante 7 dias. Posteriormente, foram realizados os protocolos de clareamento em consultório ou caseiro, com exceção do grupo controle, que permaneceu sem branqueamento. O centro das restaurações foram seccionadas no eixo transversal com discos diamantados (Isomet 1000, Buehler, Lake Bluff, IL, EUA).

A face interna foi polida (EcoMet 3000, Buehler, Lake Bluff, Illinois, EUA) com papéis abrasivos (granulações nº 400, 600 e 1200) e os espécimes foram imersos em óleo vegetal e imersos em cuba ultrassônica por 15 min para a remoção completa os resíduos de polimento. A interface foi analisada por microscópio de varredura a laser de argônio (TCS SP5AOBS, Leica Microsystems CMS GmbH, Alemanha) com comprimento de onda de 543 μm , com a objetiva de 20x, em modo de varredura ao longo de toda a extensão da amostra.

Figura 07. Preparo das amostras para análise de microscopia de fluorescência confocal com varredura a laser.



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